



## Marshfield School District Wellness Committee Minutes

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**Date:** Tuesday, September 26, 2017  
**Location:** Marshfield High School Library  
**Time:** 3:30 p.m. –4:30 p.m.  
**Attendees:** Kendra Ferreyra, Jenny White, Karen Mengel, Tammi Wolff, Josh Miller, Laura Zelenak, George Bloome

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1. Welcome and Introduction
2. Review June Minutes and Action Items
  - Led to a discussion about Grant E.S. treat-based celebration survey
    - The majority of respondents did not feel treat-based celebrations were excessive and were not in favor of a policy. The group discussed ways to initiate a wellness initiative at Grant. Ideas included: inviting other teachers to attend school wellness committee meetings, presenting about school wellness at a staff meeting (3<sup>rd</sup> Wednesday of the month at 3pm), and approaching the school nurse to learn more about dental/blood sugar issues in Grant students.
    - **Action:** Laura will share survey results with the group when summarized.
3. Farm to School Update
  - Great Lakes Great Apple Crunch takes place on October 12. Apples are being provided by Rock Ridge Orchard, and there will be enough apples for all students including cold lunch students. **Action:** George will make a Facebook post to promote the event.
  - Food Day takes place on October 24. **Action:** Laura will send a promotional flyer to the group.
4. Walk to School Day & Walk/Bike to School Challenge
  - Walk to School Day banners have been distributed to each participating school.
  - **Action:** George will contact businesses to display electric sign messages to promote event
5. Wellness Policy Discussion
  - Stacey shared update via email: DPI sent back the updated policy that was submitted through their online policy builder. Stacey will review and is looking for input from members. **Action:** Committee will look through new policy and respond to Laura or Stacey with any input. The group discussed changes made to physical education based on time and requirements at elementary, middle school, and high school levels.
  - Policy will be presented in November to the School Board Sub-Committee. **Action:** Laura will find more information on date and time.





- School Wellness presentations to school staff were discussed. It was suggested that members can present connections between school wellness policies and free/reduced lunch, and HL-MAC community activities.

6. Set Meeting Dates

- **Action:** Laura will email the group with an electronic survey on next meeting date.

7. HL-MAC Committee Updates

- Maple Fall Fest
  - This was George's first tabling at the event and there was a great turnout! The Gourd Guess promotion had 351 participants. **Action:** George will be contacting those who provided their email addresses.
- Safe Routes
  - **Action:** Laura will email the committee about the crosswalk at Grant\Lincoln
  - The walking path between McMillian and Upham was discussed. It was shared that Grant has funds that were to be used for some sidewalk/walking path project. **Action:** Kendra/Karen (?) will find out more about the funds and share information with the group.
- Nov. 10 strategic planning committee
  - Members discussed the planning and next steps for the meeting.
  - **Action:** CCO will invite Jenna Southworth (Grant Asst. Principal)

Future Meeting Date

TBD

